

# Challenges in Prayer

## VIDEO LINK

<http://youtu.be/vgMFXan9pjQ>

## GOAL SUMMARY

The goal of this session is for teens to understand that we have a lot of challenges in prayer, most specifically making time for God.

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## VIDEO SUMMARY

This video is a funny example of trying to make time for prayer. It has several good points although it's funny!

## DISCUSSION QUESTIONS

1. How can we make spending time with God more of a privilege and less of an obligation?
2. What is important to you? How is that reflected in the ways you spend your time?
3. How do you think your relationship with Christ is reflected in your actions towards others?
4. Identify one person in your life who is good at praying. What do you believe makes them so good at it?
5. What do you need to cut out of your life in order to be better at praying?

## SEND

God desires for us to be in a relationship with him! We have to be willing to make him the center of our lives in order for us to be with him.

Let us pray:

*Lord, we love you. Sometimes, you may not see that by the lack of time we spend with you. You give us so many examples of good and holy people in our lives, our families, and the saints. Help us to love you more and pray to you more. Amen.*